

WHERE GOLF MEETS MAGNIFICENCE

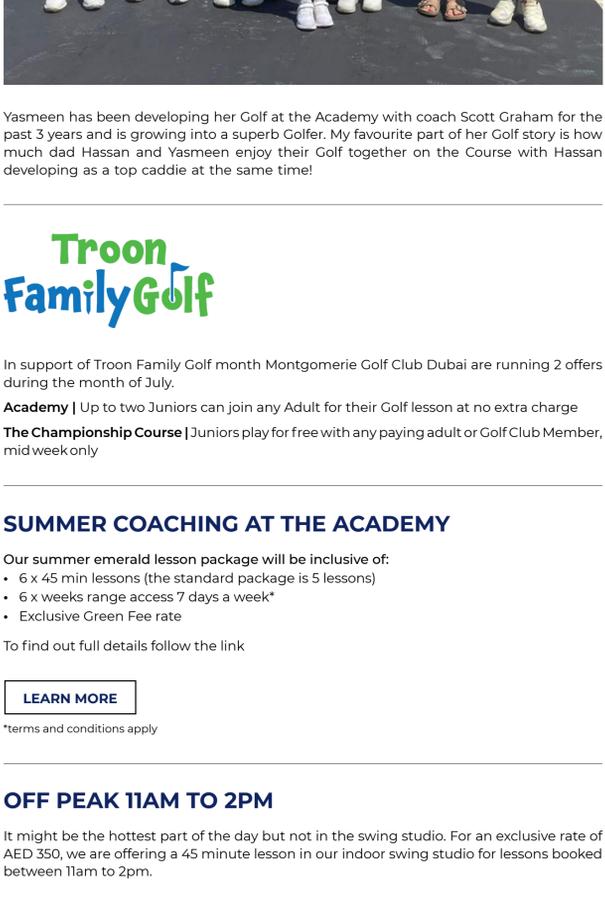
ACADEMY UPDATES

The Academy team would like to wish you all wonderful summer vacations and safe travels. Hopefully you will be bringing great stories of some Golf from your summer holidays.

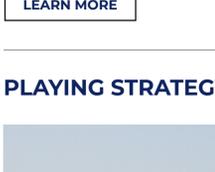
For those of you who will be spending time in Dubai over the summer, we still have some Golf lesson options that will help you prepare for the season ahead.

YASMEEN EL HUISANI LEBANON NATIONAL TEAM CHAMPION

Yasmeen represented the Lebanon national team in the recent Egyptian Junior Open. She managed to win first place in the under 9 category and has made the Academy super proud.



Yasmeen has been developing her Golf at the Academy with coach Scott Graham for the past 3 years and is growing into a superb Golfer. My favourite part of her Golf story is how much dad Hassan and Yasmeen enjoy their Golf together on the Course with Hassan developing as a top caddie at the same time!



In support of Troon Family Golf month Montgomery Golf Club Dubai are running 2 offers during the month of July.

Academy | Up to two Juniors can join any Adult for their Golf lesson at no extra charge

The Championship Course | Juniors play for free with any paying adult or Golf Club Member, midweek only

SUMMER COACHING AT THE ACADEMY

Our summer emerald lesson package will be inclusive of:

- 6 x 45 min lessons (the standard package is 5 lessons)
- 6 x weeks range access 7 days a week*
- Exclusive Green Fee rate

To find out full details follow the link

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*terms and conditions apply

OFF PEAK 11AM TO 2PM

It might be the hottest part of the day but not in the swing studio. For an exclusive rate of AED 350, we are offering a 45 minute lesson in our indoor swing studio for lessons booked between 11am to 2pm.

GROUP CLASSES | LADIES, MEN AND JUNIORS

Our summer group programme is running throughout August and gives the opportunity to continue learning indoors out of the heat.

Option 1 | AED 500 | 4 x 1 hour group classes, 7 days a week practice access for 4 weeks, exclusive green fee rate

Option 2 | AED 100 | 1x 1 hour group class, practice access included on the day of lesson. Can be booked for any classes in the schedule giving flexibility for those travelling

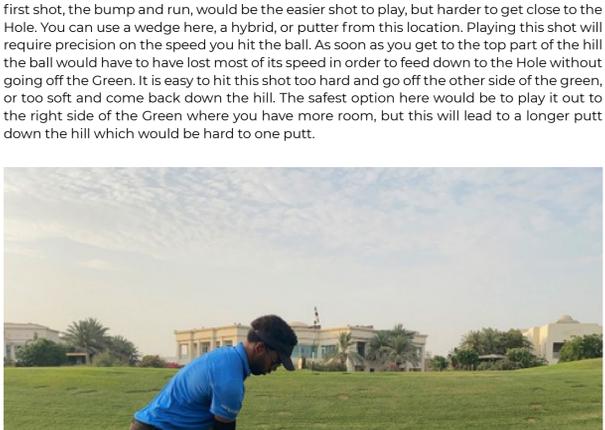
For full details of summer offers, follow the link

[LEARN MORE](#)

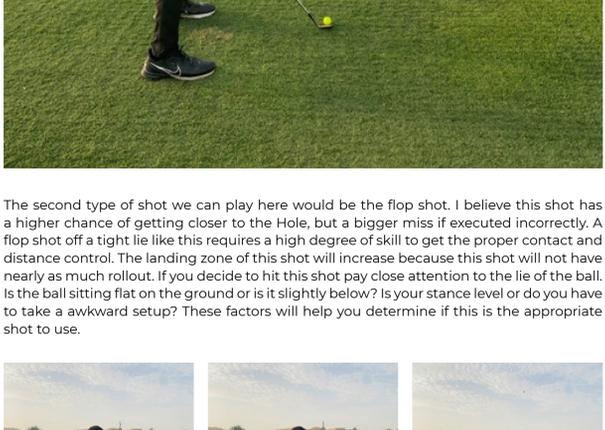
PLAYING STRATEGY WITH MICHAEL HARDEN



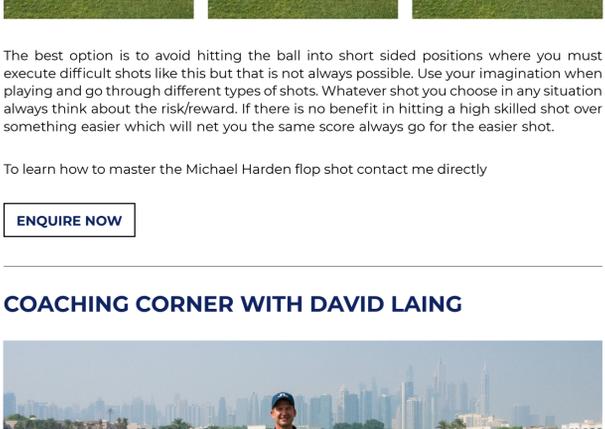
DECISIONS, DECISIONS!!! MISSING THE GREEN ON THE 10TH HOLE TO THE RIGHT LEAVES A CHALLENGING SHOT AND A FEW OPTIONS BUT WHICH IS THE RIGHT ONE FOR YOU.....



The purpose of this article is to give you an insight on different strategies that you can use around the Golf Course to give yourself the best chance at making a good score. This time lets look at the right side of the Green on the 10th hole. Here we are short sided with an uphill shot that slopes downwards towards the flag.



As shown in this picture the slope towards the Hole is quite steep. If the Greens are running fast it will be difficult to stop the ball once it hits the Green. The mistakes here could be hitting the ball too hard and risk going over the Green into the Bunker behind the flag, hitting it too soft and rolling back down the hill.



Let us take a look at the different types of shots that could be played from this location. The first shot, the bump and run, would be the easier shot to play, but harder to get close to the Hole. You can use a wedge here, a hybrid, or putter from this location. Playing this shot will require precision on the speed you hit the ball. As soon as you get to the top part of the hill the ball would have to have lost most of its speed in order to feed down to the Hole without going off the Green. It is easy to hit this shot too hard and go off the other side of the green, or too soft and come back down the Hill. The safest option here would be to play it out to the right side of the Green where you have more room, but this will lead to a longer putt down the hill which would be hard to one putt.



The second type of shot we can play here would be the flop shot. I believe this shot has a higher chance of getting closer to the Hole, but a bigger miss if executed incorrectly. A flop shot off a tight lie like this requires a high degree of skill to get the proper contact and distance control. The landing zone of this shot will increase because this shot will not have nearly as much rollout. If you decide to hit this shot pay close attention to the lie of the ball. Is the ball sitting flat on the ground or is it slightly below? Is your stance level or do you have to take a awkward setup? These factors will help you determine if this is the appropriate shot to use.

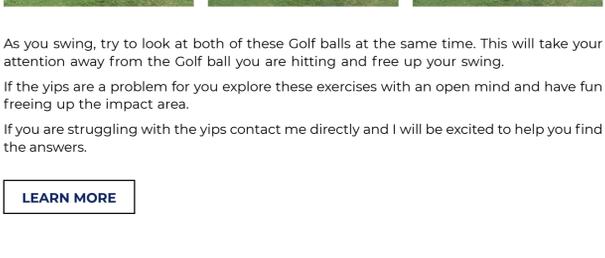


The best option is to avoid hitting the ball into short sided positions where you must execute difficult shots like this but that is not always possible. Use your imagination when playing and go through different types of shots. Whatever shot you choose in any situation always think about the risk/reward. If there is no benefit in hitting a high skilled shot over something easier which will net you the same score always go for the easier shot.

To learn how to master the Michael Harden flop shot contact me directly

[ENQUIRE NOW](#)

COACHING CORNER WITH DAVID LAING



THE YIPS | TIME TO RE-DISCOVER YOUR SHORT GAME!

The yips can put the fear into a Golfer's chipping but what is a yip? The yips are when a Golfer has an involuntary muscle twitch that sets a sudden jerk in the action. This can be a sudden movement in the arms, from one hand or knee jerk.

DISCOVERING YOUR WAY BACK

Golfers with the yips tend to be focused precisely on impact and try to focus the vision clearly on the ball. Try these two drills to help discover a new approach and move your attention away from impact.

COUNT YOUR WAY AWAY FROM THE YIPS

The simple task of counting one out loud as you complete your backswing and as you complete your follow through two.

At the top of backswing count one

on the follow through count two

The purpose to this is to place your attention away from impact by moving your focus on the top of the backswing and end of the swing. In the middle, the feeling of freely swing the Club is key. Do not try to control the Club.

STOP LOOKING AT THE BALL!

When the vision and focus are fixed on the ball or has a specific focus point, the Golfer can become very careful. This can lead to yips developing.

Try to have the Golf ball in your peripheral vision and more of a blur. This drill can help take your attention away from the ball and free you up.

Place a Golf ball around two feet ahead of the ball and another two feet further past the ball. (as in the pictures below)

As you swing, try to look at both of these Golf balls at the same time. This will take your attention away from the Golf ball you are hitting and free up your swing.

If the yips are a problem for you explore these exercises with an open mind and have fun freeing up the impact area.

If you are struggling with the yips contact me directly and I will be excited to help you find the answers.

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